

Parent Teaching Confidence: Confidence Boost Checklist

Reflect and Assess

What are my teaching strengths? _____

- Example: Patience, creativity, organization.

What are areas where I feel less confident? _____

- Example: Teaching math, managing multiple children, explaining complex topics.

Set Clear Goals

Choose one specific area to improve. _____

- Example: "Learn new strategies for teaching fractions."

Set a timeframe to revisit your progress. _____

- Example: "In two weeks, I'll reflect on this goal."

Build a Support System

Who can I reach out to for advice or assistance? _____

- Example: A local homeschool group, online forums, or a mentor.

What resources will I explore to improve my skills? _____

- Example: "Attend a webinar on active learning techniques."

Celebrate Progress

What successes have I had recently _____

- Example: "My child completed their writing project with enthusiasm."

How will I reward myself for milestones? _____

- Example: "Treat myself to a new teaching tool or a relaxing activity."